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| Name: mr. Prakash M | Reg No: 14-10SMMHC18 |
| Age / Sex:47 /m | Contact No:9448388904 |
| Marital Status: 23 years | Date:22/10/18 |
| Occupation: agriculture and business real estate | Dr. PJFP |
| Address:  LAKSHMI MADAM BIL. | DIAGNOSIS- |

1. UMBILICAL HERNIA SINCE 2 YEARS BUT INC FRM AN YEAR.
2. DRIBBLING URINE SINCE 2 MONTHS.
3. BCK PAIN ON AND OFF SINCE MANY DAYS.
4. EATS GUTKA SINCE MANY YEARS.
5. FROM 4-5 YRS VERY FAT.
6. SLEEPS EASILY. COFEE TEA 10-15 / DAY.
7. MAPPED TONGUE SPOTS BALCK ON IT. SALIVATED.
8. FEELS LIKE NO STRENGTH.
9. GASTRITIS.

RX:

1. BARYTA CARB 30/THUJA 30 – 4-0-4
2. GRANATUM 200 – 4-0-4
3. SULPHUR 1M/NUX VOM 200 – 4-0-4.
4. SABAL SERR DROPS – 15-0 – 15 A/FOOD.

31/10/18: abd pain, feeling very bruning retrosternal. Bloated feeling abdomen. Dry tongue. Back pain severe middle. Feeling from 3 days. Went to some marriage function afer which this pbm started.

Rx:

1. Carbo veg 30 – 4-4-4-4
2. Kali carb 1m – 3 doses – mng b/brush.

7/11/18: SIDE PAIN REDUCED. GASTRITIS BETTER BY 50%. HARD STOOL MUST STRAIN.

RX:

1. KALI CARB 200 – 4-0-4 FOR 3 DAYS.
2. ROBINIA 30 – 4-0-4 DISC.
3. BRYONIA 200 – 4-4-4 FOR 5 DAYS.
4. NAT PHOS 6X 4-4-4-4.
5. THUJA 200 5 DOSES – 3 DAYS ONCE B/FOOD MORNING.

17/11/18:

KNEE PAINS < CLIMBING STEPS. ABD PAIN SIDES. BETTER THAN BEFORE A LOT. GOING FOR EXCERCISE. ONCE IN 2 DAYS CLEARING STOOL ALMOST. HARD STOOL ALSO REDUCED. NOT MUCH. WT: 104.1 KG.

1. KALI CARB 200 – 4-0-4 FOR 3 DAYS.
2. NUX VOM200+GRANATUM200 – 4-0-4.B/FOOD.
3. ROBINIA 30 – 4 PILLS SOS GASTRITIS.
4. BRYONIA 200 – 4-4-4 FOR 5 DAYS.
5. NAT PHOS 12X 4-4-4-4.
6. THUJA 200 5 DOSES – 3 DAYS ONCE B/FOOD MORNING.
7. PHYTOLACCAQ+BOERHAVIAQ -151515DROPS A/FOOD.
8. CALCAREA CARB 200 5 DOSES 3 DAYS ONCE B.FOOD NIGHT.

15 DAYS MEDICINE.

30/11/18: abdomen pain sticthcing at times. Motion also better. Knee pain also better. Umbilical hernia persists. At times breathless.

Rx:

1. Kali carb1m – 4 -0-4 b/food.
2. China 30 +carbo veg 30 – 4-4-4-4
3. Sulphur1m/nux vom200/granatum1m – 4-4-4
4. Thuja 1m – 1 dose.
5. Calc carb 1m – 5 doses – 3 days once b/brush.
6. Robinia 200 – 4 pills sos gastritis.

26/12/18: abd bloated and pain in the rt. Hypochindrium. Upper abd also feels bloated. Weakness a bit 105.8kg

1. Lycopodium 200 – 4-4-4-4. 3 dram weekly 4 days.
2. Sulphur1m/nux vom1m/granatum1m – 4-0-4 3 dram pills
3. Carbo veg 30 – 4-4-4-4. Weekly 4 days
4. Calc carb 1m/thuja1m/ - 4-4-4-4 alternate weeks b/food.
5. Robinia 200 – 4 pills sos gastritis.
6. Rub 21- 1 night b/food.

6/3/19: weaknss and pain in the back region. Breathing difficulty. Weight feels gained. 107.9kg.

Rx:

1. Kali carb 1m – 4-4-4-4 1 dram.
2. Opium1m/nux vom1m – 4-4-4-4 1 dram
3. Nat phos 6x 4-4-4 a/food. 15 gram bottle.
4. Carbo veg 200 – sos gastritis. 2 dram pills
5. Rub 15 – 1 tab night b/food.

Take 500.

2/4/19: got op for gall stones 14/3/19. Rt arm pain back sides still pain . right is more but left side leg is also paining. <moving. Bending.

Rx:

1. Staphysagria 1m/hypericum1m – 4-0-4 disc.
2. Bryonia200/lycopodium200 – 4-4-4 1 drampills.
3. Rub 15 – 1 tab night b/food.
4. Rheumagic oil.